

### Corporate CoDriver 3-2-1-GO programs

**3. Interpersonal Wellness** – Stand-alone company or team program, individual coaching, or opening part of more in-depth training.



**Description:** No matter what we want to accomplish, whether it's personal, corporate, or family endeavors, we frequently conclude that we can't do it alone. Steven Covey in 7 Habits suggests that leadership skills mature from Dependent to Independent to Interdependent. Interpersonal Wellness training is the key to that Interdependent component.

**Interpersonal Wellness** training is about preventing **H.I.C.C.U.P.s** (**H**igh **L**evel **I**nterpersonal **C**onversations **C**ausing **U**nexpected **P**roblems).....getting everyone on the same page and playing well together.

**Deliverable:** Minimized turnover, enhanced levels of trust, reduced struggle, improved working relationships and lowered stress levels.

**2. Personal Uncovery** – Individual Coaching, or sequential component of in-house training



**Description:** As we fine tune our relationships using Interpersonal Wellness tools, we commonly discover components of our own personal Operating System that don't serve us well. **Personal Uncovery** tools identify these and give the user the choice to continue using his current operating system, or fine-tune it to better accommodate his or her life's missions.

**Deliverable:** A unique understanding of "how we got here", tools for testing new "rules", courage to choose a different approach if we want to.

**1. Lucking** – Individual Coaching or sequential component of in-house training.



**Description:** Ever have one of those days when you couldn't lose? How about one when you just knew you couldn't win? **Lucking** presents the tools for statistically hedging those days toward winning. The student designs the interface between his personal Operating System and his individual Fortune/Misfortune belief system to bring more luck and joy and success to his doorstep.

**Deliverable:** Improved opportunities, peace, calm, confidence, humble leadership.

**GO!** – Individual Coaching or sequential component of in-house training.

**Description:** This is not a rehearsal. We don't get mulligans and do-overs in life. You either get it together and run your own life, or someone or something else runs it for you. **GO!** is the assembly of **Interpersonal Wellness**, **Personal Uncovery** and **Lucking** that allows the student to have, do, and become whatever he decides he wants.

**Deliverable:** A self-defined life.

